



Painting Lourdes

Newsletter

THE LATEST SPECIAL NEWS AND UPDATES

THE FIRST MASS



UPCOMING EVENTS

- September 1st**
Labor Day - No Classes
- September 2nd**
Senior Service at Patagonia Lake
- September 3rd**
UofA Visit
- September 4th**
91st anniversary of LCS
- September 11th**
National Honor Society Induction Ceremony
HS: 1:00 PM - MS: 2:00 PM
- September 12th**
MS Mass
- September 14th**
Kermes Activities begin
- September 19th**
Elementary Mass
- September 19th**
HS Mass

Lourdes Catholic School joyfully welcomed the new school year with its first all-school Mass, bringing together students, teachers, and families in a beautiful celebration of faith and community. Held in the school gym, the Mass set a hopeful and meaningful tone for the months ahead.

Students played an active role as readers, choir members, and gift bearers, making the liturgy feel both personal and heartfelt.

In his homily, Father Abundio reminded everyone that Mary is our spiritual mother, always ready to intercede for us before God. He encouraged students to turn to her in prayer, especially in times of need.

The celebration was more than just the first Mass of the year—it was a powerful reminder of the Catholic values and strong spirit of unity that guide Lourdes Catholic School.

UPCOMING SPORT EVENTS

- Sep 2 - MS Girls Volleyball and boys flag football game vs Coaticumundi**
3:30 PM (Home, A, B, & C Team)
- Sep 3 - MS Girls Volleyball and boys flag football game vs Elgin** 3:30 PM (Home, A & B Team)
- Sep 4 - HS Soccer game vs Benson** 6:00 PM (Away)
- Sep 6 - HS girls volleyball tournament aspire white division**
2:00 pm
- Sep 8 - MS Girls Volleyball and boys flag football vs Little Red** 3:30 PM (Away, A, B, & C Team)
- Sep 10 - MS Girls Volleyball game vs Sacred Heart**
3:30 PM (Home A & B Team)
- Sep 12 - HS Girls Volleyball game vs The Gregory School**
JV: 4:00 PM Varsity: 5:00 PM (Away)
- Sep 15 - MS Girls Volleyball and boys flag football vs Patagonia**
3:30 PM (Away A & B Team)
- Sep 16 - HS Girls Volleyball game vs Patagonia Union**
JV: 4:00 PM Varsity: 5:00 PM (Away)
- Sep 16 - HS Soccer game vs St. Augustine**
5:00 PM (Home)
- Sep 17 - MS Girls Volleyball game vs Sacred Heart**
3:30 PM (Home A & B Team)
- Sep 18 - HS Soccer game vs The Gregory School**
4:00 PM (Away)
- Sep 19 - HS Girls Volleyball game vs St. Augustine**
JV: 4:00 PM Varsity: 5:00 PM (Away)
- Sep 22 - MS Girls Volleyball and boys flag football vs Patagonia**
3:30 PM (Home A & B Team)
- Sep 23 - MS Girls Volleyball and boys flag football Calabasas**
3:30 PM (Away A, B & C Team)
- Sep 23 - HS Soccer game vs St. Augustine** 4:00 PM (Away)
- Sep 24 - MS Girls Volleyball and boys flag football game vs little red** 3:30 PM (Home A, B & C Team)
- Sep 25 - HS Girls Volleyball game vs ASDB**
Varsity: 5:00 PM (Away)
- Sep 29 - Playoffs MS Girls volleyball and boys flag football**

New Staff

Ms. Islas - Nurse



Ms. Islas has been a nurse for three years. She looks forward to meeting new people and having fun. She enjoys extreme activities, and in her free time she likes traveling and spending time with family and friends.

"Cree en ti mismo y en todo lo que eres"

Mrs. Estrella- Dean (HS)



Mrs. Estrella is starting her new role as a high school dean after previously working as a shadow. She feels grateful for this opportunity and is excited to continue doing what she loves, even on hard days.

"A good leader doesn't just help others succeed, they inspire everyone to believe in themselves."

Ms. Miranda- Spanish Teacher (ELEM.)



Mrs. Miranda is the new elementary Spanish teacher for grades 1-5. She's excited to teach reading and writing and loves sharing new things with her students. Outside of school, she enjoys horseback riding and spending time with her family

DISFRUTA
Y SÉ FELIZ



Mrs. Cazares- Theology Teacher (MS)



Mrs. Cazares began teaching middle school Theology last year, sharing her love of the Bible and inspiring students. She enjoys spending time with her family, especially going to mass.

'For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.' — John 3:16

Mrs. Melendrez - Science and Math (MS & HS)



Ms. Melendrez teaches Science, Chemistry, Biology, and Math. She's always wanted to be a teacher and is excited to build relationships with students and staff. She enjoys singing, dancing, joking around, and spending time with family and friends.

"La única batalla que se pierde, es la que se abandona."

—Mario Félix.

Ms. Vicky- Dance teacher & shadow (HS)



Ms. Vicky teaches modern dance and is also a shadow. She became a teacher because she enjoys working with kids and is excited to start a dance team this year. She served in the Navy for five years and enjoys cooking and reading in her free time.

"Believe you can and you are halfway there"

Class of the Month

For this first class of the month of the school year, we are excited to present the 6th graders. They are beginning a new chapter as students, a path filled with thrill, challenges, and learning opportunities. This class has been a united group since they started, and we are sure they will grow stronger together as a class and as friends. We wish them nothing but success this school year. Enjoy your year 6th grade!



*“Changes with age
doesn’t mean bad
things, it usually
means more fun”*

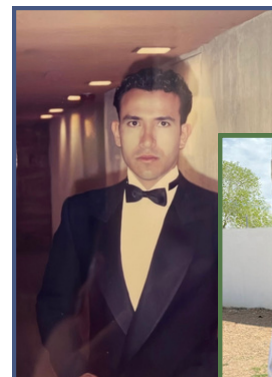
— 6th graders

By: Diasy Flores & Diana Sofia Burgos

Alumni: Rigoberto Quintero



Rigoberto Quintero attended Lourdes K-12, graduating in 1994, before pursuing medicine at the Universidad Autónoma de Guadalajara, where he graduated in 2000. He completed his ophthalmology training in 2007 and a fellowship in oculoplastic surgery in 2008. Today, he runs his own private ophthalmology practice. He is the proud father of three children, all of whom attended Lourdes Catholic.



By: Abril Quintero

Our PTC !

Vice presidents az

Miguel Guzman y
Cristy Ponce

Vice presidents mx

David y Ana
Lucia Chacon

President

Eduardo Almada y
Adriana Padilla

Secretary mx

Gaby Seldner y
Alejandro Bours

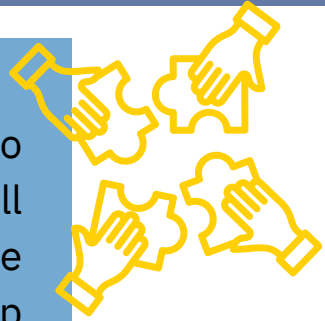
Secretary az

Enrique Obregon y
Luly Ronquillo

Treasurer

Luis Mario Morales
y Barbara Rodriguez

Our PTC members are determined to give us our greatest year yet. They will make their best effort to go beyond the ordinary. They will do their best to help our school community grow.



By: Leah Valenzuela



NAU Visits LCS



On August 27, juniors and seniors had the chance to meet with a representative from Northern Arizona University during a special presentation on campus. The representative spoke about student life, describing the welcoming atmosphere, clubs, and activities available to students. As well as the unique attractions of Flagstaff, including its outdoor recreation and cultural events.

Students also learned about the wide range of majors and academic programs offered at NAU, from business and education to science, engineering, and the arts. The representative explained the application process, providing guidance on deadlines, admission requirements, and tips for submitting strong applications.

The visit gave juniors and seniors a valuable opportunity to ask questions and begin thinking about their options after high school.



By: Mrs. Dueñas

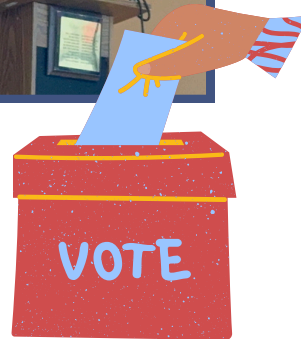
Middle School StuCo Elections!

On August 18, campaign week began in the blink of an eye, the candidates already put up their colorful posters all around the middle school, filling the halls with school spirit. Each student was creative in their own way using movie and music references or clever wordplay to stand out.

They quickly began working on their speeches, making sure to clearly state their intentions for the upcoming school year. All candidates made valid promises and delivered their speeches with confidence, knowing exactly why they were running. The speeches were formal and well-written, leaving everyone in an inspired mood.

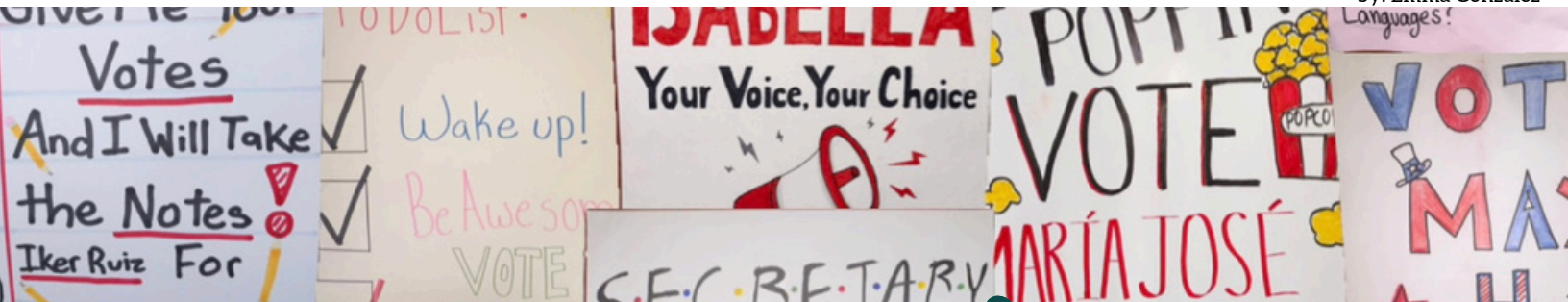
This year was a tough decision for middle school to choose who to vote for, as each candidate qualified for their desired position. Some focused in making the school excited through fun events, while others emphasize the importance of making sure every student's voice heard for a fair and inclusive year.

The voting process included a ballot that students filled out based on who they believed would do the best job in each position. They were instructed to vote confidentially and honestly just because someone is your friend it doesn't mean they are the most qualified for the role. It was great to have many candidates to choose from, as everyone plays a part in StuCo either by voting or by running a position.



GOOD LUCK TO ALL CANDIDATES, AND THANK YOU EVERYONE WHO PARTICIPATED!

by: Emma Gonzalez



High School StuCo Elections

VOTE!

Speeches for the 2025-2026 Student Council elections were held on Wednesday, August 27. Each candidate had the opportunity to present their ideas and explain why they believed they should represent our high school this year. The speeches highlighted leadership skills, school spirit, and some creative plans to make this year memorable for all students.

For many positions, there were two students running against each other, which made the elections competitive and exciting. Candidates delivered strong statements, showing their dedication and passion for improving the school. Their words gave students a lot to think about as they decide who they want as their leaders for the upcoming year.

This year's elections gave everyone a chance to share their ideas and show their school spirit. All the candidates did a great job putting themselves out there, and no matter who wins, each one has already made a difference for our school.



By: Ivanna Hernandez

Senior Blessing

The Kinder Blessing was a special event that brought together our youngest and oldest students. Jassielle began with a heartfelt prayer, inviting God's presence and guidance over everyone. The seniors then gathered around the kindergarteners to bless them as they begin their school journey, wishing them joy, growth, and learning. In return, the kindergarteners gave a sweet blessing to the seniors, asking God to guide and watch over them as they move on to the next stage of their life.



Golden Hour, Golden Memories



For the first time, the senior class with the help of Ms. Cota hosted an overnight slumber party, transforming the school library into a space for fun and friendship. The evening started off with students designing their senior pants, a tradition made even more special by working together.

Seniors enjoyed a mix of fun activities, including a night walk, a competitive game of knock out, and volleyball matches in the gym. They later gathered to make s'mores, laughing and talking late into the night.

The class woke up at 5:30 a.m. to watch the sunrise. Marking a perfect end to their first senior slumber party. The event was a meaningful way to celebrate their final year together and set the tone for more traditions to come.

